



1.



2.



3.



1.

## BITTER GOURD BG011G

*Momordica charantia*  
Long, thick bitter melon with rounded bumps and classic bitter flavor.

2.

## MITSUBA, KANSAIKEI

*Cryptotaenia japonica*  
Three-leaved Japanese herb. This Kansai type is used for its aromatic dark green leaves.

3.

## RED & GREEN SHISO

*Perilla frutescens var. crispa*  
Strong plants with highly fragrant serrated leaves. Varieties of Perilla.

## Additional Varieties

### VARIETY

### NOTES

CHIVES, SUPER NEW BELT AKA Nira, Garlic Chives. Perennial with abundant flat leaves.

SPONGE GOURD SHORT Luffa gourd. Easy to grow in warm climates.

HOJISO PERILLA A type of Shiso produced for the purple/white flowers.

OHBA SHISO PERILLA Flat-leaf Shiso common in Japanese cuisine.

KINGOMA SESAME Golden sesame. 85 days to harvest. Mild, nutty flavor.

KUROGOMA SESAME Black sesame. Need warm weather and well-drained soil.